

A Study on the Noumenon Characteristic and Aesthetic Value Embodying of "Wing Chun Quan" Element Dance

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Keywords: Wing Chun Quan, Noumenon Characteristics, Aesthetic Value

Abstract: With the acceleration of social development and the continuous improvement of economic development, people pay more and more attention to the prosperity and development of material culture while pursuing the improvement of living standards, and among them, dance and martial arts, as the traditional culture of our country, are also concerned by people. Dance and martial arts are the cultural forms with a long history in our country, and there are obvious differences between the two in the way of expression and the core of thought, but it does not affect the two are loved by people. Since ancient times, both dancers and martial arts have the action of combining the two cultures, whether from the appearance form or from the internal concept of innovation, which makes martial arts and dance in the process of mutual communication, constantly enrich their own connotation, but also changed a variety of styles. This paper focuses on the elements of "Wing Chun Quan" in Wushu, and explores the characteristics and aesthetic value of integrating it into the dance, so as to better promote the development of Wushu and dance and the fusion and communication between the two, and draw the way of communication between different cultural elements.

1. Introduction

Dance is designed to use the body to complete all kinds of ornamental movements, and in the process of dance performance accompanied by other performing arts, usually as a tool to convey the feelings and thoughts of the creator, to arouse the resonance between the creator and the viewer, can be applied on many occasions. Wushu originated in the ancient military war, when the two armies fought as a means of defending their homes. Therefore, martial arts itself has the effect of strengthening body and health, is a means to defend their own safety, practice martial arts, to some extent can improve people's physical quality and security, and thus get from inside to outside satisfaction [1]. Dance and martial arts have a long history in China, even dating back to the period of human origin, and have formed their own relatively complete system more than a thousand years ago. Yongchun boxing is a kind of traditional martial arts in China, which has been listed as China's intangible cultural heritage. In recent years, with the promotion of film and television and other film and television works, people at home and abroad are more and more concerned and sought after, and people who pay attention to its dynamics have also increased. Compared with other martial arts categories, Wing Chun's boxing method is more concise, available, flexible and changeable, in the use of both attack and defense. And the object of study is less restricted, children adults, men and women can study. Combining it with the movements of the dance can deepen the diversity of the performance content, play their respective strengths, give people a bright feeling.

2. Noumenon Characteristics of the Element Dance of Wing Chun Quan

2.1. Competitiveness

"Wing Chun Quan" as an element to join the dance, will inevitably make a certain change to the dance. With the progress of human society, dance has a certain social significance, in general, its characteristics will also change according to the needs of society to produce corresponding changes, to meet the value of society to its requirements. "Wing Chun Quan" into the scope of the dance, that

is, the boxing attack, defensive movements into the dance movements, which to a certain extent meet the requirements of modern dance power, make its expression more violent and direct, so that the dance itself aggressive, rhythm has a new interpretation. The combination of "Wing Chun Quan" will make the dance have a strong feeling in the soft posture, increase the performance and tension of the dance itself, and make the audience more emotional fluctuation when watching. In addition," Wing Chun Quan "into the dance, let the dance itself in the form of performance to innovate more ways, such a dance is like a strong joint born a better person [2]. At the same time, this kind of dance is more difficult to perform, but it is more competitive, and it is also conducive to the inheritance and promotion of dance and martial arts.

2.2. Art

Dance in the years of change, the practicality of a little bit of decline, retained more is ornamental. The addition of Wing Chun's boxing to the dance, to some extent, increases the aggressiveness of the dance at the beginning, making it a highly practical performing art, which can also be used to strengthen the body after viewing. On the other hand," Wing Chun Quan "into the dance, the original purpose of dance and external forms of expression to a certain level of optimization, so that its form of expression more unpredictable, as far as the development of dance, also enhanced the value of dance appreciation, enriched the content of dance. Finally, the "Wing Chun Quan" into the dance, the connotation of martial arts to express through the dance performance, which makes the creation of dance can be used in the core of martial arts, so that the creation of dance content more artistic.

2.3. Cultural Integration and Artistic Exchange

In the view of some scholars, dance and martial arts have a common source. Only because later social development changes put forward different requirements for dance and martial arts, so there are two different categories. The noumenon characteristic of "Wing Chun Quan" dance is to deepen the communication between the two kinds of art, to expand the form of art, and also to broaden the thinking in the creation of art, and to take the intersection of "Wing Chun Quan" and dance as a guide, on this basis, to carry out other artistic creation. On the other hand, this is not just the combination of "Wing Chun Quan" and dance, behind which there is a dialogue between many Chinese traditional cultures with a long history and a cordial communication within the culture itself [3]. Communication is only a form of development and inheritance, or, fundamentally speaking, it is hoped that through this opportunity of cultural exchange, the advantages of the two forms of culture will be brought into play, so that people will be more interested in classical culture, such cultural traditions will be passed down from generation to generation, and the new culture and other cultural factors born in the times will be continuously absorbed and optimized.



Figure 1 Wing Chun Boxing

3. Embodying Aesthetic Value of the Element Dance of Wing Chun Quan

3.1. Variable Content

Dance and martial arts in the performance of the pursuit of a style, although there are certain

differences in the form of performance, but the internal requirements for a certain charm and charm, in this point is particularly unified. Both dance and martial arts are also based on life and are higher than life, but because of their different ways, the scope of the two materials is different. The dance tends to be the vivid expression of the soft lines, while the martial arts, relatively speaking, have a soft, soft in more prominent strength and strength, stress is in the rules and tactics of surprise victory, victory over opponents [4]. The combination of the two in content can make the two "form" and "meaning" achieve common, in the process of creation and performance complement each other.



Figure 2 Chinese classical dance performance live

3.2. Technological Innovation

Ten years of sharpening a sword is the practice of objects, this sentence is also applicable to the cultivation of dancers and martial arts. For a perfect performance, it takes years or even decades for every actor on stage to hone his skills. Dance needs a tacit understanding between the actors on the stage and the scene, music and so on, the actors and the audience to achieve a spiritual connection, the dancers themselves must also have skills to change their posture, martial arts also need to master the magic of martial arts between the beginning and the end, requires martial arts practitioners to have their own rules between boxing and feet, can not be arbitrary. After the "Wing Chun Quan" is integrated into the dance, the dance can use the skills used by the other party to improve its movements and achieve another high promotion of the dance itself.



Figure 3 Integration of martial arts elements into the dance

3.3. Diversity of presentation methods

Dance performance is not just a stage, the performance of several dancers, it often needs a variety of coordination, including music, lighting and clothing and so on [5]. There are many ways to perform martial arts on stage, and many different props can be used to express the exquisite martial arts. The introduction of "Wing Chun Quan" into the dance performance, so that the dance and martial arts performance methods after the convergence can create more and better expression, there are more ways for creators to express their thoughts and inner world to the viewer. Martial arts and dance performances emphasize a smooth and smooth transfer, so that both in the performance

of the space within the scope of a beautiful mood. After the elements of boxing are integrated, the expression method of dance is sublimated in artistic conception, and more material is provided in the form of performance.

4. Conclusion

Martial arts and dance are the art forms that enrich human society, among which there are profound connotations worth us to explore and study, worthy of people in the future social development to carry forward. As a representative of Chinese martial arts, Wing Chun Boxing has the characteristics of simplicity, competence and strong attack. It is very important to add the connotation of dance. This is also enlightening for the future development of the two, to maintain a delicate balance between dance and martial arts, that is, the two in you have me, I have you in the realm of great development. The soft and mellow dance to join the strength of boxing, so that the original dance a bit more resolute atmosphere, the interpretation of the dance has a better achievement. With the change of times, the speed of life and the integration of the two cultures can make each other better self-help and propaganda in the gap of economic development, let more people understand dance and martial arts, and make traditional culture survive better in the soil of modern times.

Acknowledgements

Guangdong Province's 13th Five-Year Plan for Philosophy and Social Sciences in 2018 <Creation and Research of "Wing Chun " Elemental Dance> (GD18XYS44).

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